



**GODDARD  
HOUSE**

ASSISTED LIVING & MEMORY SUPPORT

***Parkinson's in Motion @ Goddard House***

***Movement and Expressive Therapies:  
Tai Chi for Parkinson's***



**Starts Sept 22nd**

11:30am via Zoom

**Stanwood Chang**

Founder & Director,  
Sun Tai Chi Institute of Boston

Join instructor Stanwood Chang for weekly tai chi classes, designed specifically for those with Parkinson's and their caregivers.

Please contact 617-731-8500 or  
[ecurcio@goddardhouse.org](mailto:ecurcio@goddardhouse.org) for more information.

This Movement & Therapy Class is part of *Parkinson's in Motion @ Goddard House*, a new, innovative program that also includes a monthly Support Group and Professional Speakers Series, offered via Zoom.



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